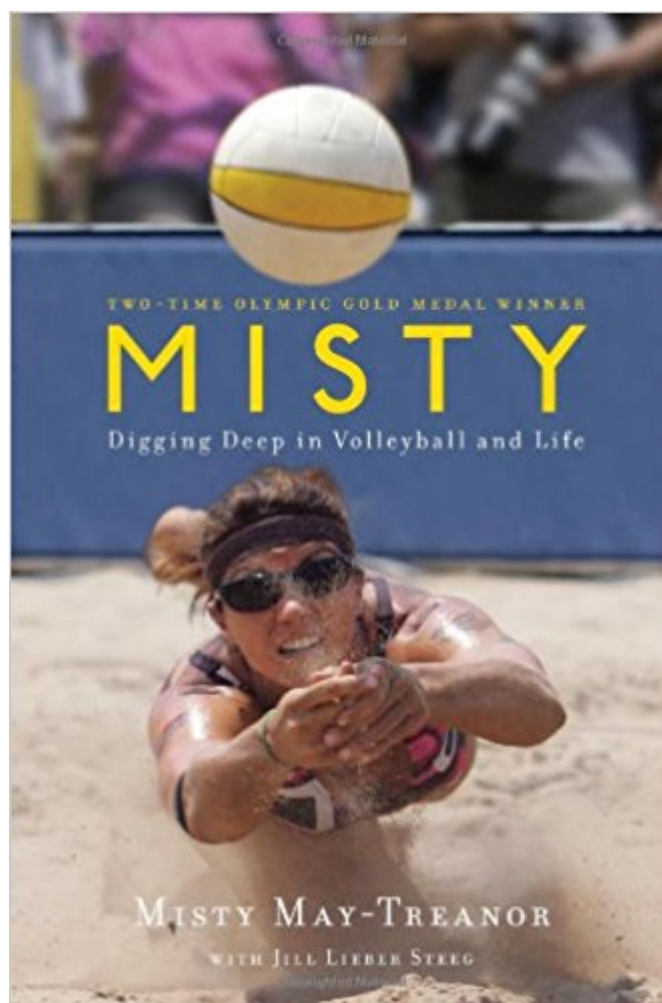


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# Misty: Digging Deep In Volleyball And Life



## Synopsis

The passionate, poignant, and triumphant story of two-time Olympic gold medalist and winning beach volleyball icon Misty May-Treanor. More than any Olympics in history, the 2008 Beijing Summer Games captured the world's imagination, and Misty May-Treanor became one of the biggest U.S. stars on the global stage. Now she shares the story of her life and remarkable athletic career. Destined for beach volleyball superstardom, having been raised on famed Muscle Beach in Santa Monica, California, Misty talks about the personal and professional challenges she has faced and the life lessons she has learned in the process. From growing up with two driven, competitive, accomplished athlete parents and living in a volatile household rocked for years by their alcoholism to the heartbreaking death of her mother from cancer, Misty reveals intimate details never before publicly discussed. She tells behind-the-scenes stories about her eight-year climb to the top of beach volleyball with partners Holly McPeak and Kerri Walsh; her career-threatening injuries; her role on ABC's hit television show *Dancing with the Stars*; and of course, her historic two Olympic gold medals and the special rewards they've brought. Offering an unprecedented glimpse into the life of a cherished celebrity sports icon and an ambassador for women's athletics, Misty will touch, inspire, and empower readers everywhere.

## Book Information

Hardcover: 304 pages

Publisher: Scribner; 1 edition (June 15, 2010)

Language: English

ISBN-10: 1439148546

ASIN: B004AYCX48

Product Dimensions: 9.2 x 6.2 x 1.1 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.5 out of 5 stars 36 customer reviews

Best Sellers Rank: #950,008 in Books (See Top 100 in Books) #64 in [Books > Sports & Outdoors > Other Team Sports > Volleyball](#) #4348 in [Books > Deals in Books](#) #4401

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## Customer Reviews

The case can be made that Misty May-Treanor is the most accomplished female athlete of her generation: two state volleyball championships in high school, an NCAA championship in college, domination of women's professional beach volleyball, and two Olympic gold medals. She was the

child of two world-class athletes and came to embody their competitiveness and discipline. Much of her autobiography reads like Sports Bio 101: descriptions of important competitions, training routines, wins, losses, and rehabbing from injuries. Still, coauthor Steeg, a senior writer at Sports Illustrated, keeps the narrative flowing and injects enough humor to maintain interest. When May-Treanor steps away from sports, she recounts difficult episodes in her personal life, such as her father's alcoholism and her mother's 2002 death from cancer. The account of her mother's long illness and the void left by her death is touchingly honest and a reminder that success does not immunize one against life's most painful moments. Certainly of general interest to sports fans and especially valuable and inspirational to young female athletes. --Wes Lukowsky

Misty May-Treanor was born in Los Angeles and grew up playing beach volleyball at the Santa Monica Pier with her father, Butch, a 1968 Olympian, and her mother Barbara. She graduated from Long Beach State, where she was a vital member of the 1998 NCAA Championship team and received the Honda-Broderick Award for the nation's collegiate female athlete of the year. After a brief stint with the U.S. national indoor team, she went on to revolutionize the sport of beach volleyball, becoming the best women's player ever. Misty currently splits time between California and Florida with her husband, Major League Baseball catcher Matt Treanor. Jill Lieber Steeg has been an award-winning senior writer at > and >. In her more than three decades in journalism, she has established herself as one of the nation's preeminent profile writers and investigative sports reporters. She lives in California with her husband Jim and their beloved golden retriever Fenway.

This is a pretty in-depth autobiography about Misty growing up in California and all through her first 3 olympics. There are several things she says she's never told publicly until this book. It can get pretty long at some parts but also I felt like i needed to have a highlighter on hand because she says some very inspirational things and life lessons. She has a very unique story and this book is definitely worth reading because there's so much of a background to her I never would have guessed. The book was in very good condition and came pretty fast after I ordered it.

Misty May-Treanor is one of the most successful professional volleyball players in the history of the sport. She's won over 100 tournaments, two Olympic gold medals, numerous accolades, etc. etc. I have been a fan of May-Treanor since the 1990s. I immediately pre-ordered my copy of her autobiography via .com. I wanted to compare her biography to other notable volleyball legends, Sinjin Smith and Karch Kiraly. Overall, I would say her autobiography supplanted Smith and Kiraly's

efforts as my top favorites to the top spot. Without giving away too many details, her book offers insight into her upbringing, personal life with her husband (pro baseball player, Matt Treanor), moments of greatness and sadness (you might want to have tissues near you) as well as offering life lessons. This is a wonderful and inspirational book for any sports fan (especially young women).

I find that one of the best ways to judge books is by the "bother your spouse" factor. Typically my wife is reading some book on a topic that I don't care for, and she'll interrupt me "Can I read you a passage?" or quote me some one-liner from her book that she found interesting. Over the course of a novel, she'll typically "bother" me, let's say, five times. My response is typically to chuckle, more often than not, just to humor her. I rarely "bother" her when I'm reading. I found Misty's new book "Digging Deep..." so entertaining that for the first time I found myself "bothering my spouse" frequently. It seemed like I "bothered" her over 10 times, to share a line or a story from the book. Some of it was sharing insights into the depths of the volleyball world, and some of it was just hilarious stories that Misty has experienced. Misty's book reminds me of the promo line from an old movie entitled "Stuart Saves His Family". The line goes: "You'll laugh because it's not your family, and you'll cry because it is." I did find myself laughing out loud, as well as having tears well up in my eyes while reading Misty's book. I highly recommend Misty's book for its unprecedented "bother your spouse" factor. It's "bother your spouse" factor is so high that my wife can't wait to read it.

It's an awesome book; educational and inspiring. Will have my 15 year old daughter read it and hopefully she can take something away from reading it. Shipping was fast too.

If your an athlete read this book. It will change your prospective on training and make you realize what winnings all about.

Anyone who was inspired by the 2012 London Olympics would love this book Misty May. Her life story is a heartwarming, sometimes sad book that covers everything from her young life living near the beach to her initial meeting and teaming up with partner Kerri Walsh.

It was great reading about Misty's life. Very sad about her mom. The book was really interesting about the rise to fame of Misty and Kerri. It was hard to put down. GREAT BOOK.

good book

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